



CHRISTOPHER HEIGHTS™

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HAPPY MOTHER'S DAY	 MEMORIAL DAY REMEMBER AND HONOR					
10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Sunday Night Melodies	10:30 Exercise Class 2:00 Mass St. Joe’s 3:15 Social Hour in the Pub / Serving Mexican Appetizers 6:00 Evening Movie	10:30 Seated Tai Chi 2:00 Connections Church Worship 3:15 Social Hour in the Pub 6:00 Golf Putt	10:30 Exercise Class 2:00 UMass Blood Pressure Clinic 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 5:30 Putnam Senior Dance / Siete De Mayo Theme/ Sign Up at front desk 6:00 Evening Movie	10:30 Chair Dancing with Jackie 2:00 Cinco De Mayo Party / Fiesta Del North 3 piece Mariachi Band & Margaritas / 2nd Floor 3:15 Social Hour in the Pub 6:00 Wii Bowling	10:30 Stretch & Breathe Class 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Man on the Inside Series Part 1 & 2	KENTUCKY DERBY DAY! 10:30 “The Purl Girls” Knitting 10:30 Exercise 2:00 - 2:30 Visit with Poodles / Great Room 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:15 Kentucky Derby Watch Party / Refreshments Served
11 10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Sunday Night Melodies	12 10:30 Exercise Class 2:00 Birthday Party with Dave Bourdeau 3:15 Social Hour in the Pub / Serving Cupcakes 6:00 Gardening Meeting with Debbie	13 10:30 Seated Tai Chi 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Ladder Ball	14 10:30 Exercise Class 2:00 Mass St. Louis 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	15 10:30 Chair Dancing with Jackie 2:00 Common Word 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling	16 10:30 Stretch & Breathe Class 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Man on the Inside Series Part 5 & 6	17 10:30 “The Purl Girls” Knitting 10:30 Exercise 2:00 St. Anthony’s Communion & Prayer 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
18 10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Sunday Night Melodies	19 10:30 Exercise Class 2:00 Mass Sacred Heart 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Ladder Ball	20 10:30 Seated Tai Chi 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Golf Putt	21 10:30 Exercise Class 2:00 Health Seminar “The Power of Social Connections” 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	22 10:30 Drum Fit for Seniors 2:00 Trivia Time 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling	23 10:30 Stretch & Breathe Class 1:30 Flying High Dog Show Outdoors (weather permitting) 3:15 Social Hour in the Pub 6:00 Man on the Inside Series Part 7 & 8	24 10:30 “The Purl Girls” Knitting 10:30 Exercise 2:00 Walking Group 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night
25 10:30 “The Purl Girls” Knitting 1:30 Movie Matinee 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub / Serving Cheese & Crackers 6:00 Sunday Night Melodies	26 MEMORIAL DAY! 10:30 Exercise Class 2:00 Memorial Day Program with Debbie 3:15 Social Hour in the Pub / Serving Delightful Dips 6:00 Long Word Short	27 10:30 Seated Tai Chi 2:00 Alzheimer’s Program with Michelle Mercer 3:15 Social Hour in the Pub 6:00 Battle Bags Toss Game	28 10:30 Exercise Class 2:00 Pastor John /Dudley Cong. Church 3:15 Social Hour in the Pub / Serving Shrimp Cocktail 6:00 Evening Movie	29 10:30 Drum Fit for Seniors 1:30 Movie Matinee “Twister” 2024 3:15 Social Hour in the Pub / Serving “The Broadway” Ice Cream 6:00 Wii Bowling	30 10:30 Stretch & Breathe Class 2:00 BINGO-3rd Floor 3:15 Social Hour in the Pub 6:00 Prize Drop	31 10:30 “The Purl Girls” Knitting 10:30 Exercise 2:00 Walking Group 3:15 Social Hour in the Pub: Serving Hot Appetizers 6:00 Resident Movie Night